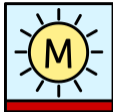
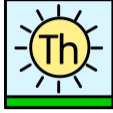
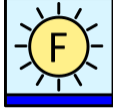
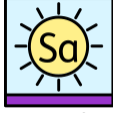
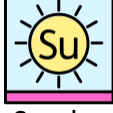
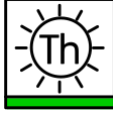
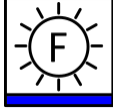
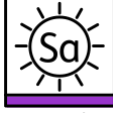
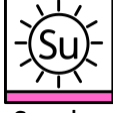


	 medication	 time	 felt effects?	 food eaten	 sleep hours	 mood	 tasks achieved	 struggled with
 Monday								
 Tuesday								
 Wednesday								
 Thursday								
 Friday								
 Saturday								
 Sunday								

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