

# My Friend is Autistic

Social Story

# **My Friend is Autistic**

## **Symbol Supported Social Story**

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Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of '*Stories that Explain*' published by LDA.

Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To make the social story more personalised you can customise the skin-tones in InPrint 3.

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My name is



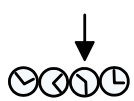
I am in



class.



My friends and I are all different.

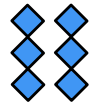


Sometimes



we

are the



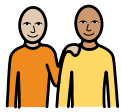
same.

Insert photo of person here



I have

a



friend



called

.



is autistic.



Being autistic

means



brain



works



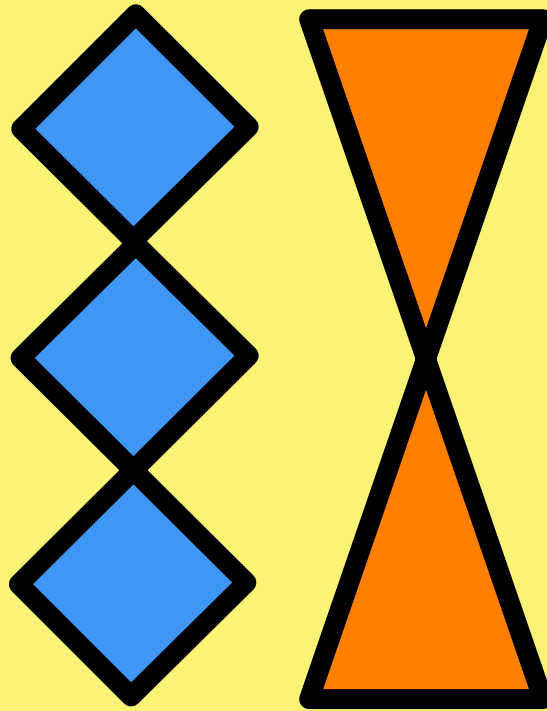
differently



to mine.



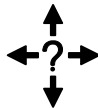
This is okay.



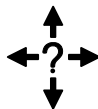
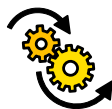
All people's brains are different.



1



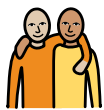
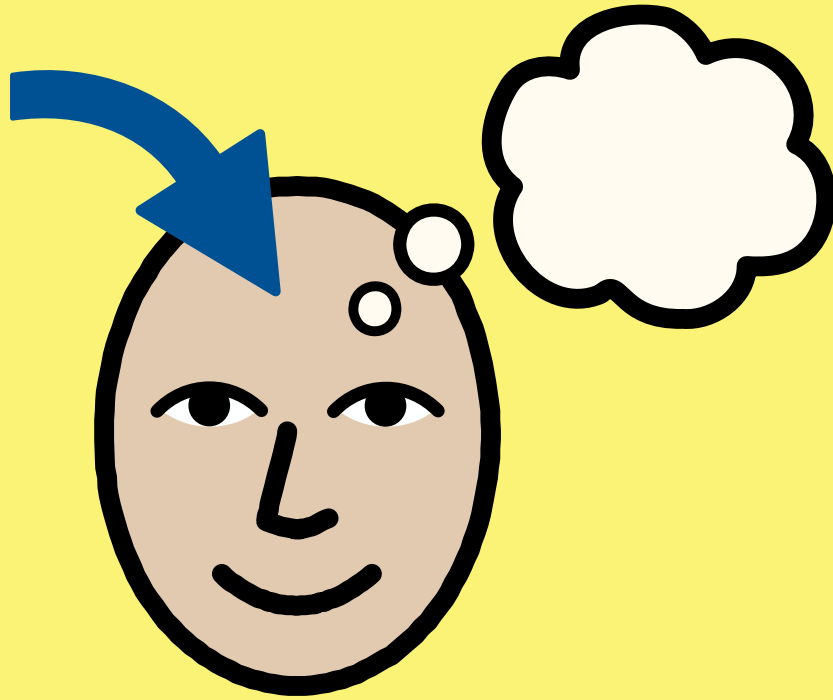
Some brains work one way.



Some brains work another way.



This is okay.



My friend and I

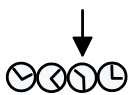


are

good

at

all kinds of things.



We sometimes find



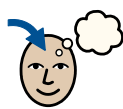
other



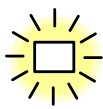
things difficult.



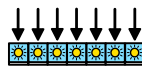
We are both



learning



new things



every day.



This is okay.



Things .....



and I



like:



Things .....



and I



can do well:





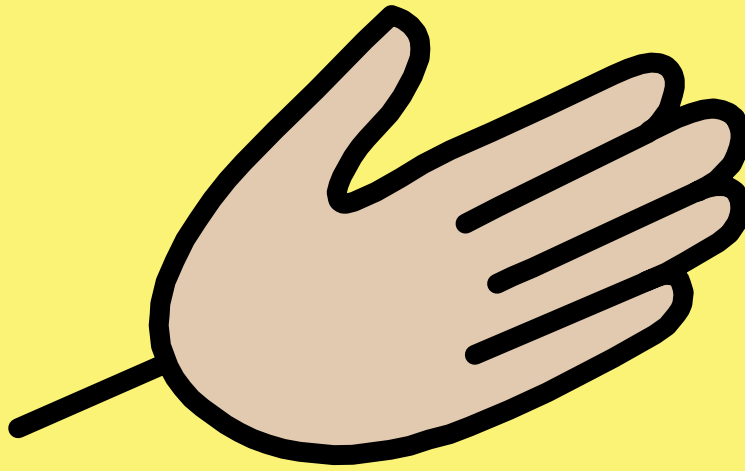
Things .....



and I



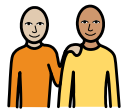
find hard:



I can help my



autistic



friend.



I can understand



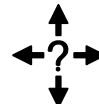
it is okay



to think



in a different



way.



I am understanding.



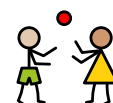
I am a good friend.



I can listen to



ideas



when we play together.



I can play how



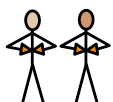
wants



to play.



We can try to play things



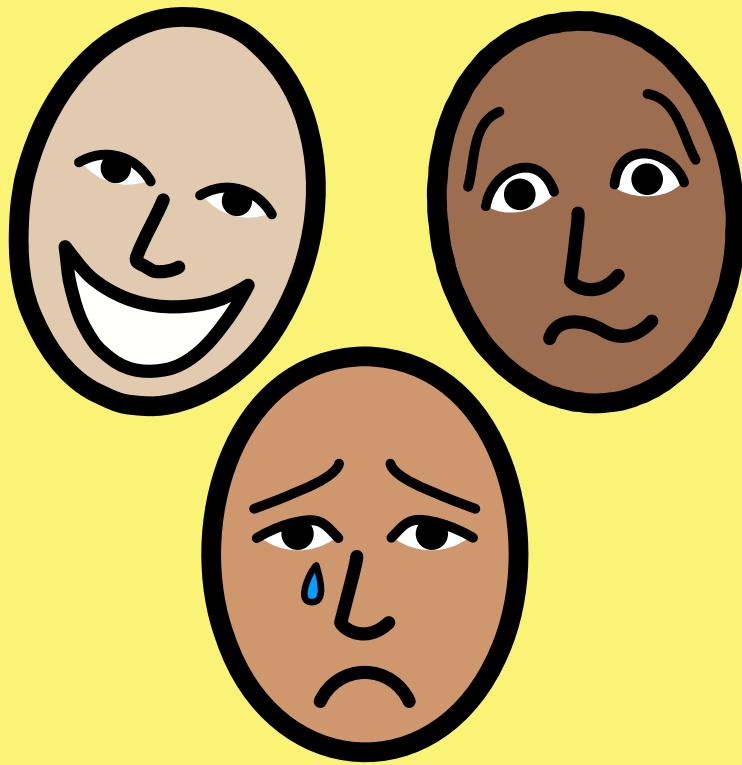
we both



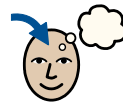
like.



This is good.



I can ask



if I can learn



what makes them feel



happy,

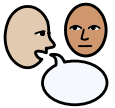


sad

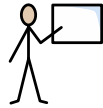
or



scared.



I can tell



my teacher

when

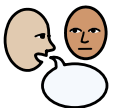


feels sad

or



upset.



I can tell

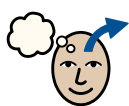
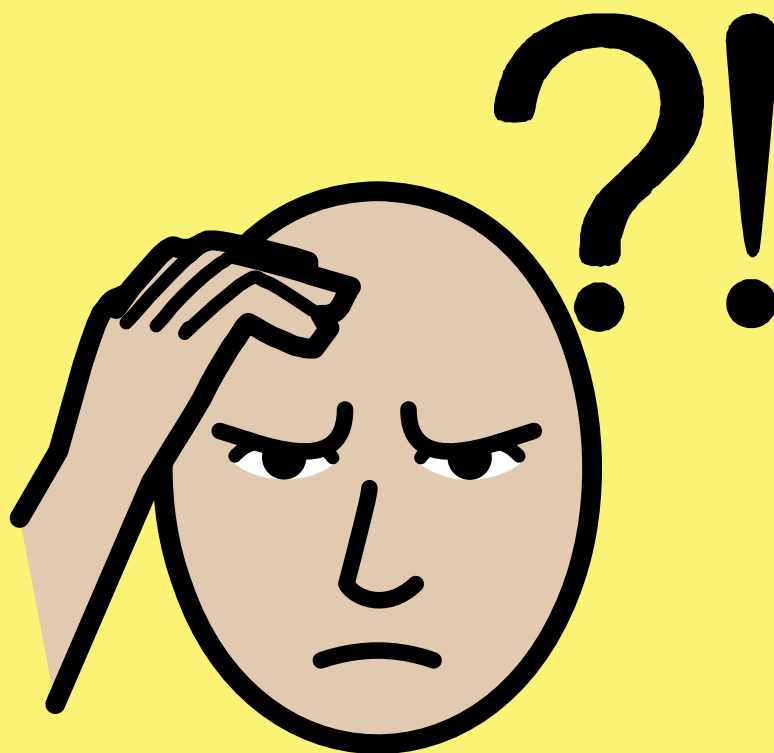


my teacher

when

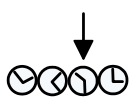


needs help.



I can remember

that



sometimes



school

is



hard.



It is okay

to



feel upset

when



things are hard.



It is good

to



feel happy

doing something



you enjoy.



I can help


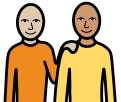




to enjoy





school.



   
and I are friends.

   
We love to laugh together.

   
We love to play together.

   
We are brilliant friends.