



13 Ways to Encourage a child with ADHD to keep trying.

1	<i>"You've done seven questions... go you! I bet you could do one or two more with your amazing brain!"</i>
2	<i>"I love how you've designed that differently. What would we need to make it happen?"</i>
3	<i>"Well done for working so hard on that. We could speak it into the computer to type it up rather than write it out again."</i>
4	<i>"I love the way you listened to / interacted with that story."</i>
5	<i>"You saved all your questions to the end, brilliant."</i>
6	<i>"Thank you for giving Fred the time to give his answer."</i>
7	<i>"I know that was a bit boring but you persevered, fantastic."</i>
8	<i>"Your imagination is brilliant, let's get it down on paper before you forget it. What's the beginning / first, next, then, last".</i>
9	<i>"That's a lot to remember, let's write it on post it notes and your brilliant brain can celebrate each one you manage to get through."</i>
10	<i>"We'll do the first ones together and then you get to be the champion that finishes it off."</i>
11	<i>"What a lovely kind thing you just did."</i>
12	<i>"You have a lovely sense of humour, let's collect some jokes in this note book and we can read them together at break time."</i>
13	<i>"Your brain works best if we give your body some chances to move, so why don't we plan some small movement tasks to do between [this work task] and [that work task]..."</i>