



*Lego Based Therapy is a 12 week intervention to support the communication, cooperation and problem solving of a group of 3 children working to make a Lego kit together. It was designed to be for autistic children with a clear structure and purpose to communication, but is also suitable for other children needing this kind of support. It aims to build confidence in peer to peer interaction and developing this independent of adults. Research has shown that a common interest and purpose such as Lego building can promote increased spontaneous peer interactions which are sustained for longer.*



*Each child works within a given role and experiences all the different roles in a session. It is suitable for children who have the verbal skills (or AAC) to use descriptive and positional words effectively (although we teach the vocabulary as part of the intervention) and the manipulation skills to build a model. Duplo can also be used but the intervention relies on there being a set of instructions that the children use to guide their build. The course covers planning, assessment and personal target setting as well as the role of the adult in facilitating the children to problem solve together. We will also cover how the format can be adapted for different needs and develop the skills in other contexts. By filling in an evaluation and personal learning form, the participants can receive a CPD Accredited certificate.*