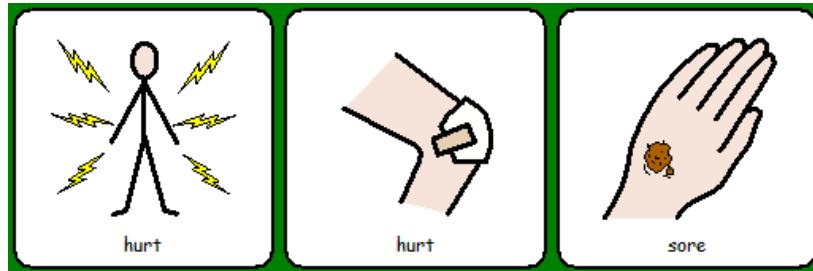
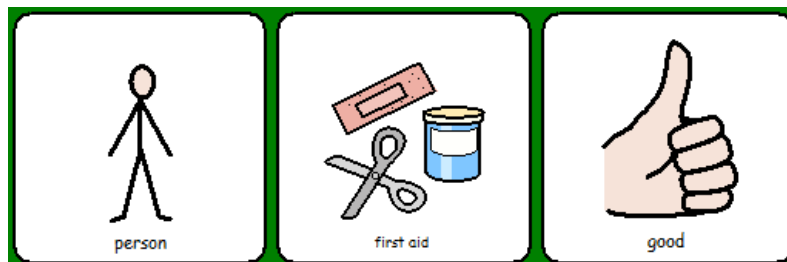


Having treatment for illness and injuries is good

My name is _____. I go to _____ School.



Sometimes people get hurt or feel sick. They might fall in the playground, get a small cut, have a sore eye, feel sick or have a bump. If the person's body feels sore, is grazed or cut it is good to have someone who can look at it. This is usually someone who has done a 'first aid' course. A first aider can look at hurts or sick people and give them the first bit of help they need.



A first aider knows what to do about small illnesses and injuries. They can put a plaster on a graze or cut to stop blood dripping and keep the hurt bit clean. While the plaster is on the hurt bit, the body makes more skin and heals the hurt bit. That is amazing! The plaster keeps it clean.

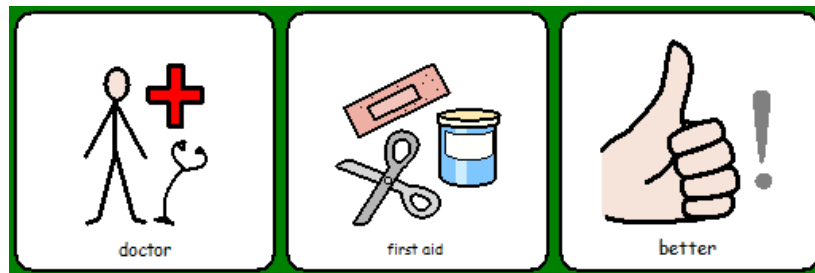


If someone feels sick, a first aider can decide if the person needs a rest in the medical room where it is quiet and calm (and there is no work to do!). They

might decide it is best if the person goes home to have a rest. The body can help itself get better with a rest too.



Sometimes the body needs some help to get better. Doctors are people with lots of training and knowledge about bodies and illnesses. They might give the person some medicine to help the body get better. That is good. They might send someone to see a doctor at the hospital to help them get better. That is good too.



Doctors are really clever and know a lot about getting bodies better. It is great that we have first aiders to help us with small illnesses and injuries and doctors to help us when the illness or injury is a bit bigger. Then we can usually look forward to getting better. This is great.