


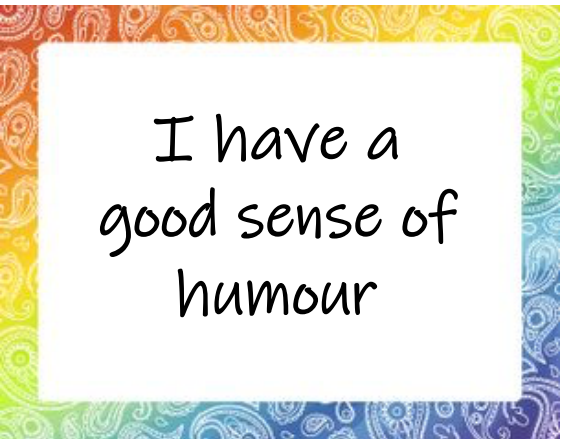
I know I can
do it



I am really
proud of
myself



I am a good
friend



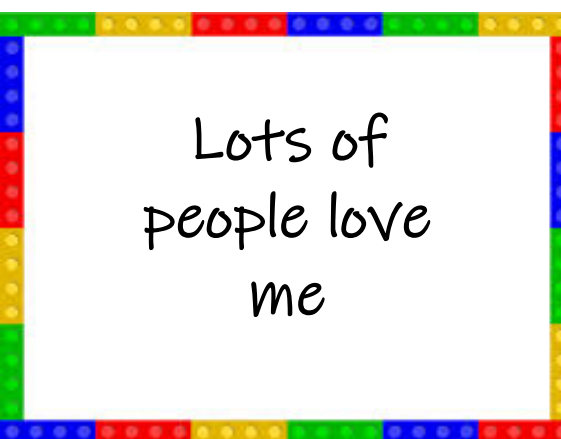
I have a
good sense of
humour



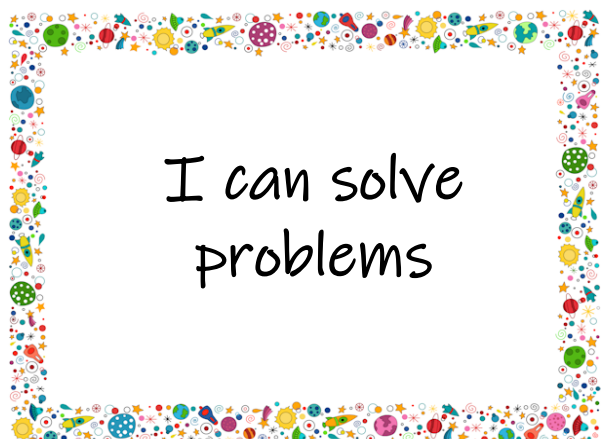
I am good
with animals



I am really
creative



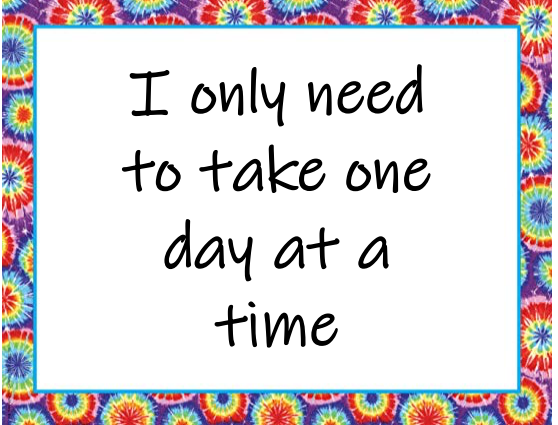
Lots of
people love
me



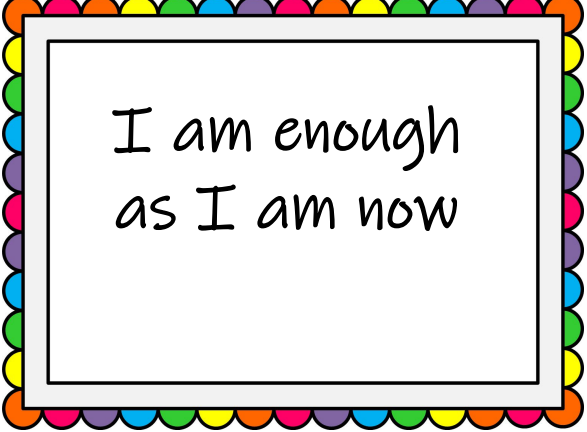
I can solve
problems



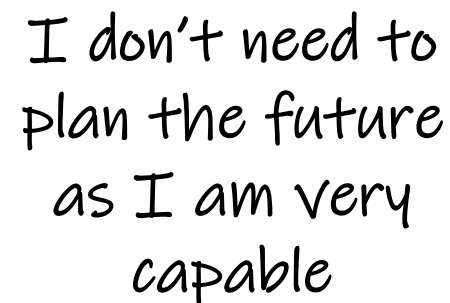
I am really
musical




I only need
to take one
day at a
time




I am enough
as I am now




I don't need to
plan the future
as I am very
capable




I matter to
many people




I am inspiring
to others




I have a
good and kind
heart



Those who
love me like
doing things
with me



I have people
I can trust
and who can
help me



I am
valuable